

# Unitarian Universalist Congregation of the South Fork

May  
2013

977 Bridgehampton-Sag Harbor Turnpike  
PO Box 1444, Bridgehampton, NY 11932

www.uucsf.org

**We are a spiritual community.**

## UUCSF's 11th Yard Sale June 1, 9am - 4pm

"Best Yard Sale on the East End," many have said over the years. For UUCSF, it's an important fundraiser and offers an opportunity for us to recycle treasures we no longer use and to contribute our time and energy - in shifts only two hours long.

As in the past, we will sell art, books, clothing, furniture, housewares, jewelry, plants and treasures. Please note: clothing must be clean and in good condition; books must be hard cover or good quality paperback.

Your contributions to the Yard Sale will be accepted on Wednesday, May 29, from noon-4pm and on Thursday, May 30, from 10am - 4pm. If you can't deliver at those times, lightweight items in boxes or bags (no furniture) may be left in the meetinghouse attic prior to the week of the sale.

Volunteers are needed! Help set up on May 29 - 31, or help to sell, or volunteer at the cashier's table on June 1. Call Mark Potter at 631-725-0450 to volunteer. *Note: no shopping prior to June 1;* the public will be asked to contribute \$1 per adult on the day of the sale to benefit our Helping Hand Fund.



## What's Happening

(In the Words of Those Making it Happen)

- ◆ From Kelly Glanz, bookkeeper, and Imke Littman, treasurer: We have profited from our first year's learning experience, and become quite proficient. Now we are looking forward to our third year together, starting to record pledge funds for fiscal 2013-14, besides our regular work.
- ◆ May 12, **Mother's Day Grounds Care**: Those who'd like to help care for the landscape around the meetinghouse are invited to pitch in after the service. Let's continue the good work of Margaret Logan and Charles Coulter and spruce up the outside of the building and the grounds for summer. (Until around 2:30 pm)
- ◆ May 19, **Dress Down Sunday**: Wear a favorite tee shirt to Sunday service. Afterward, we will be working in and around the children's garden on projects to make the children's garden a focus of adventure, reflection and creativity. Share your ideas for summer projects and let's make it happen! (Until around 2:30 pm)
- ◆ **Maureen's Haven** has concluded its November-March accommodations program, and we plan to continue to be involved with the organization by providing one hot meal a month to their Riverhead Day Center. Yesterday we delivered meatballs, pasta, sauce, salad, bread and dessert to a very appreciative group of folks for whom this food is both welcome and needed. If you'd like to help by soliciting donations or preparing food, please be in touch with Jeanne Hoenig.
- ◆ On May 25 we welcome a new renter. The **Conservative Synagogue of the Hamptons** will have their services in our sanctuary on most Saturday mornings during the summer.

**Continued on page 3**

Thoughts from Alison...

## When There's Big News



Adversity doesn't always bring out the best in people. But the reason it so often does is because adversity forces us to work within tightly drawn limits. Everything within these limits is heightened. We receive as gifts things we tend to take for granted. For a brief, blessed time, what matters most really does matter.

Forrest Church, *Love and Death*

As I write this column, I am fresh from a 3-day Pastoral Crisis Intervention (PCI) training offered by the UU Trauma Response Ministry ([www.traumaministry.org](http://www.traumaministry.org)). Initially planned for Unitarian Universalist congregational leadership in the NY Metro area in the wake of Storm Sandy, we found our work eerily relevant as the events at the Boston Marathon unfolded. Then, soon after my arriving home, the news of the explosions and destruction in West, Texas broke. More deaths, injuries, loss, and shock.

Sudden events that bring with them devastation, confusion, loss, anger, sadness - and more - have always been with us. But no one can deny that contemporary forms of media that nearly instantaneously bring us news, images, speculation and reactions increase our sense that crises, no matter where in the world they are, feel as if they are our own backyard. In a way, that's a good reminder that we are all interconnected; very little separates us, one from another. But in another way, it's harder to feel safe, or to feel trust in the world around us. Or to see in the daily unfolding of life a measure of fairness and justice that helps us to

move through our lives. And it's not just the continuing news story that will reverberate for us over the weeks and months to come, but our own responses and feelings continue to be with us.

More than a few of you have said, "Glad you were at that training," ... and, "I wish we didn't need it." But we all know that we will continue to face adversity in events large and small. So I pass along a few tools offered by the Rev. Julie Taylor who led our PCI training. As Julie says, news of an incident such as the Boston bombings can quickly shift our brain chemistry to the "fight-or-flight" reaction mode, which makes it hard to think; or even to figure out how we want to respond. Here are a few practices Julie suggests we can use to help ourselves shift away from the stress of the moment into a more responsive mode:

With our 24/7 news cycle, it's possible to get drawn into watching event coverage nonstop, being drawn more and more into the details of the incident. Julie suggests a good question to ask ourselves, "Will I be OK without knowing more right now?"

Exercise - even a walk around the block will help to change what's going on inside us, and help to shift our perspective.

Prayer, meditation, deep breathing, and singing all help to focus us away from the event for a few precious moments, and allow us to touch the deeper, sustaining wells we have within.

And laughing, enjoying a time of lightness and distraction, has been shown to engage our minds in such a way as to shift the brain chemistry from the fight-or-flight reaction back to a more healthful state.

And finally, remember, we need not, indeed *should not*, do this alone. In the words of the Rev. Sue Phillips, "May you remember that no violence can ever separate us from the larger love that surpasses all our understanding."

Blessings,  
Alison

## President's Letter

Recently our Board appointed a Naming Team to lead the process by which our congregation will decide whether to modify the name of our congregation. On April 15 I met with Ken Dorph, Tuna Flores, Pat Gorman, and Myrna Truitt to begin this effort.

Why are we considering renaming? There is good reason to think that most people who pass by our meetinghouse on the Turnpike have no idea who we are. For all they know, we might be some kind of mystery cult. We have gone partway to rectify this by putting the phrase "Free Minds, Open Hearts" on our sign, but there is no better way to impart the nature of an organization than through its name.

Renaming might not fix this problem entirely, but there was strong feeling, expressed in the congregational conversation in January, that it could help. We didn't converge on a detailed solution, but some things did come through:

- We want to continue to be Unitarian Universalists and to be identified as such, perhaps by keeping Unitarian Universalist Congregation of the South Fork as a subtitle in our name, just as our friends across Long Island Sound are known as All Souls: the Unitarian Universalist Congregation of New London.
- The discussion opened the possibility of naming our meetinghouse, either instead of or in addition to renaming the congregation. This is



an open question at this point.

The main thing to note is what the Naming Team is *not* being asked to do. We are not being asked to select a name and submit it to the congregation for ratification.. The Board's intent is for much greater congregational participation than that would imply. Instead, we have been asked to develop and supervise a *process* wherein the congregation as a whole will decide:

1. Whether to rename the congregation, name the meetinghouse, or both.
2. And, if so, to select a new name or names.

At our April 15 meeting we devised a five-step process, with congregational participation at each step. This has been submitted to the Board for its consideration. Once the Board gives our team the go-ahead, either as proposed or with modifications, you will hear more. Stay tuned.

Peace,  
John Andrews

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## What's Happening continued from page 1

◆ Social justice is planning for UUCSF to be *Standing on the Side of Love* in Southampton's **July Fourth Parade**. A parade meeting will be held to organize and get input from the Congregation. We are exploring a SJ-sponsored concert the last week in June by Pat Humphries and Sandi O, aka **Emma's Revolution**. SJ is discussing action themes relating to women's reproductive rights; labeling of GMO in the food supply; an assault weapons ban. A Pop-up dinner will be held in May

◆ "What's happening" in **Fellowship**: lunches every Sunday; food continues to be delivered to the Interfaith Center in Riverhead; the Coffeehouse has

been suspended after two good years. We are merging with **Hospitality**

◆ RE is excited to announce the hiring of our **new RE Educator**, Valerie diLorenzo. Valerie has lots of experience as a teaching artist in the NYC area. We're lucky to have connected with such a talented, experienced and caring person.

Please share your information about "what's happening." Martha Potter: [mtpotter@optonline.net](mailto:mtpotter@optonline.net)

## A Tribute to Len Harmon

Alison Cornish

Len was born in New York on September 14, 1919, to Marcel Horowitz and Adele Ornstein, both from Romania, and he became their one pride and joy. It must have been terribly frightening when Len was diagnosed with a heart murmur, which delayed his starting school until he was seven. The whole family decamped to live in Paris for a year in the early 1930s, but that didn't delay his graduating from high school at 16.

Len often recounted the story about his first and memorable brush with racial prejudice. The prom was to take place at the Waldorf Astoria, and Len went with others of the Student Council to look at the venue. The Student Council president was black, and the doorman wouldn't let the group use the main entrance. So Len and the rest of the Council all used the service entrance. Len loved to marvel at the huge cultural changes during his lifetime.

Len attended New York University with ambitions to be a doctor, but in his words, he was "stumped by science," and majored in French instead. After college, he enlisted in the Air Force division of the Army, remarking, "It was better than being drafted."

He hoped to be a pilot, but ended up as a bombardier. As his plane flew a sortie over France, Len saw the plane immediately in front of them blown up, with the entire crew lost. Then a piece of shrapnel from the wreck lodged in Len's eye. Despite swift medical treatment, Len's eye couldn't be saved. He received the Purple Heart, and his doctors ordered that he be patched up and sent back. "No," said Len, "I'm done. I'm going home to adjust to having vision in only one eye." So, another life lesson: *adapt, adjust, and quite literally see your way into a future of your own design.*

Retired from the Army on disability, Len went into the insurance business. When establishing his own business, he changed his last name from Horowitz to Harmon. Having experienced anti-

Semitism during the war, he said, "It wasn't a time or place to be so identifiable as Jewish," but his decision deeply saddened his parents.

Eventually Len found his way to the Mayfair Bridge Club in Manhattan, and bridge became a significant part of his life. It was, in fact, through bridge that Len met his beloved Marian. He first saw her at a tournament, and, in his words, "I'd had a couple of drinks, and invited Marian up to my room to teach her what I knew about bridge." She, ever the wit, replied, "Fine, but what do I do with my husband?" who turned out to be the big guy standing right behind her.

Years after Eddy's death, Marian and Len started to date. Len often told of their engagement story: They were living together in New York when, one morning, as Marian was taking a shower, Len came in with the mail. "There's a letter here from your mother," he called. "Open it and read it to me," Marian called back. "*Marian, you've been in New York long enough for your young man to decide whether or not he's going to marry you. So come home, I have some nice men all lined up for you.*" Len's response? "I guess we're engaged!" They were blessed with over 40 wonderful years together.

I imagine many here in this room, met Len in his later years, after his retirement from his business, the Alva Agency. Here on the East End, Marian pursued her interests of art, poetry, writing letters to the editor of the *Star*, and Len continued to play bridge, regularly and competitively; to love his cats, especially Fangi, and then Minnie; to enjoy simple pleasures like a good roast beef sandwich, or a game of *Scrabble*, or a shared laugh with a friend. And a big part of Len's life turned out to be this small band of Unitarian Universalists, which surprised him. He had quite happily left religion behind after his Bar Mitzvah at age 13: a proud and devout humanist.

Marian had made this congregation her spiritual



home, and Len was at first “just the driver” ferrying Marian to services. But he soon started attending ... and then became involved. He held many positions of leadership here, including serving on the Board, and contributed his talents to several committees. As his health deteriorated, his trips to the meeting-house became less frequent, and though we stayed connected to him with visits, cards, phone calls and delivering some of his favorite foods, his absence was sorely felt: his pleasure at having Marian’s piano played well; his distinctive cadence heard during congregational readings; his delight in sharing fellowship after the service. As Len told me many times, it was the community of like-minded people that drew him out of his car to join Marian in our midst.

Len’s death was not unexpected, for his health had continued to slip since his stroke earlier in the year. He had the very good fortune, and keen sense, to have assembled a team of capable and dedicated caregivers. I know it was their compassion and good spirits that allowed him to live his days in comfort and company.

Let there be stories, and tears, and laughter, as we keep Len and his beloved Marian alive in our minds and hearts. Reflecting on the life of one loved brings to us the grief of loss. But it also brings an invitation, a chance to see what of this person has lodged in us. For this is the Unitarian Universalist meaning of immortality: carrying forth within us the spirit of the one we loved; having our times together firmly planted in our hearts; letting their spirit enlarge our own loves.

This is Len’s legacy to each of us. It will be in the ways that we continue to let him influence our lives: his generosity, his integrity and commitment to a principled life, his delight in seeing growth and change in the people and organizations he loved. This is how we will best honor his spirit.

Alison Cornish

## Nominating Committee Notes

In the Annual Meeting, June 2, the congregation elects new officers, the entire Finance Committee, a new member of the Board of Trustees, and committee chairs. The Nominating Committee has devoted many hours toward finding a diverse group of candidates who will help us visualize our future and facilitate our growth.

The **Board of Trustees** consists of six members of the congregation. Board officers are nominated every year. John Andrews is completing his very successful term as president, and the Nominating Committee is recommending Mark Potter to succeed him, Sue Penny as Vice-President, and Imke Littman and Myrna Truitt to continue as Treasurer and Secretary. Margi Pulkingham has agreed to stay on the Board for another term. The committee is still in the process of interviewing for the sixth Board position.

**Mark Potter** joined our congregation when he and his wife, Martha, moved to Sag Harbor as full time residents in 2006. He has served on the board for five years. He worked for 40 years in the direct mail industry as a writer, manager and sales executive.

**Sue Penny** has been a UU for over 30 years, ever since she searched for a religion in which to raise her two sons. She belonged to the First Universalist Church of Southold for about seven of those years and became a member at UUCSF around 1994. She has served the congregation in many capacities including Co-president, Worship Associate, and RE Chair. Outside of the congregation, she is in private practice as a social worker.

**Imke Littman** came from Germany to the US in 1965. She and her husband, Robert, joined the UU congregation in Plandome in 1975. Both her sons attended RE. She has been a teacher and chair of the RE committee and Treasurer of the UUCSF since 2011. Imke holds an MBA from Adelphi University and has worked in several banks.

**Myrna Truitt** has been a UUCSF member for 12 years and a UU since the 1960s. Before serving as Secretary she was Chair of the Social Justice

Continued on page 9

## May Service Calendar

Sunday services begin at 10:30 am

### May 5

#### Stories of Faith

**Rev. Alison Cornish**

**Abby Fleming, Musician**

As we turn the corner to May, the second of our "unseen guests," *faith*, joins us. This morning we take a look at some stories about faith which help make the invisible, visible.

### May 12

#### Mothers and Peace: Readings, Songs, and Reflection

**Written by the Rev. Alison Cornish, presented by Myrna Truitt**

Unitarian Universalists speak proudly of our spiritual ancestor, Julia Ward Howe, who in 1872 first proposed that Mother's Day be a day to oppose war and celebrate peace. Today we dig deeper into this subject of women and peace, asking if there is something different; distinct, about the way in which women think and speak about war and peace.

### May 19

#### Faith, Farm, and Fellowship

**Bennett Konesni and Edith Gawler, speakers and musicians**

**Jeanne Wisner, Worship Associate**

Edith and Bennett share songs and stories drawn from their experiences of farming and making music in Maine and on Shelter Island. They explore several different types of faith: faith that the work you do today will be rewarded several months in the future; faith in your own voice and vision; and faith that when you need it most, your family and friends will be there to help.

Service Date	Greeters	Hospitality
May 5	Hoenigs	Littman, Jackson
May 12	T. Murphy, McCabe	Holsteins
May 19	Holsteins	Dalsimer, T. Brolin
May 26	Ewald, Mason	Penny, Schmitz
June 2	Potters	Ettlinger
Should you need to arrange a substitute, please notify Kathleen Furey, administrator, of the change you have made. 631-537-0132		

### May 26

#### A Soldier's Heart

**The Rev. Alison Cornish, with Larry Darcey and Richard Sawyer**

Richard Sawyer, a veteran of the Vietnam War, and Larry Darcey, longtime peace activist and member of East End Vets for Peace, join Alison in conversation about faith, peace and war on this Memorial Day Sunday.

### June 2

#### The Third Unseen Guest: Love

**The Rev. Alison Cornish**

**Peter Weiss, Musician**

Our three-month series on the Unseen Guests, *hope, faith and love*, turns now to love. This Sunday we explore the concept of covenantal love which serves as the foundation of our Unitarian Universalist faith

## Upcoming Events

Unless otherwise noted, events are at the meeting-house, open to all comers, and free of charge.

**Sunday, May 5, following service**  
**Congregational Conversation on Safe Congregation Policies**

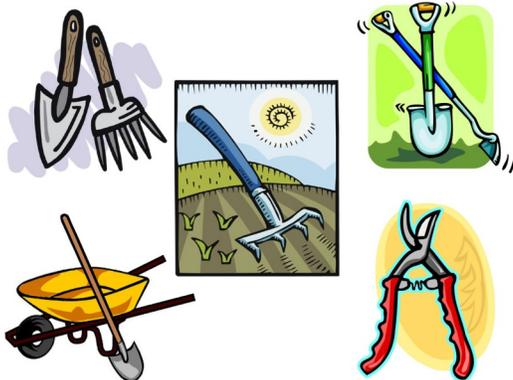
**Thursday, May 9, 7:00 pm**  
**Board meeting**

**Friday, May 10, 6:30 pm**  
**Caregivers' Circle** for congregants and others in the larger community who are caring for aging family members.



**Saturday, May 11, 9 am-1 pm**  
**Harvest the Power workshop** with First Universalist Church, Southold

**May 12 after service**  
**Mother's Day Ground Care:** Join your friends in the garden. The first of our dress down gardening efforts.



**Sunday, May 19**

**Noon: Qi Gong.** Come join us to awaken your face and body with these ancient Chinese movements, exercises, and a Qi Gong facial! Free, and all are welcome. For more information call Tina Curran at 723-1923.



**Also on Sunday, May 19**  
**Dress Down Sunday:** Another all hands UU gardening effort after service.



**Saturday, June 1,**  
**Yard Sale.** See page 1.



**Sunday, June 2, following service**  
**UUCSF Annual Meeting**

## The Green Corner

The term “carbon footprint” is now firmly in the language. But it seems way too dainty a term to fit a privately financed project that has seriously altered the ocean beach closest to my Southampton Village home.

During the winter following Sandy, numerous convoys of giant trucks carried boulders down village streets toward this beach. A typical cargo would be four boulders, each more massive than the biggest La-Z-Boy. They were spaced out in the bed of the truck to distribute the tremendous weight.

One afternoon at the beach I talked to a man supervising the project. The trucks, he said, were driven from Southampton to Massachusetts and Connecticut to pick up the boulders. What kind of mileage, I asked, does a loaded truck get? He smiled and shrugged. “Ten miles per gallon?” I tried, “Five?” No commitment. “Five downhill?” That got a laugh. “I’m thinking of the carbon footprint,” I explained. “Isn’t all this helping to bring on the next Sandy?” “Yeah,” he said. “They don’t get it, do they.”

By “they” he clearly meant the wealthy homeowners who had contracted him and his machines. Since we’d been chatting so pleasantly I left it at that, not suggesting he was enabling a doomed and environmentally disastrous project. If he’d turned the job down, someone else would say yes to it, right?

Standing there in the cold afternoon sun, I just couldn’t swing into sixties-mode, and ask what if they gave a war and no one came.

The full tally of the carbon footprint would also have to include lots of gasoline. Gas to import, dump and spread many, many truckloads of new sand. Gas to power the dozen or so huge, bright yellow vehicles that lifted and placed the boulders. Gas to import sections of steel bulk heading ten feet tall; to lift, place, and tamp them in. Think of a

slice of beef in an end-to-end boulder sandwich that would eventually stretch more than 2000 feet. (I’m using the *New York Times*’s figures.)

There are lots of other issues connected with this wall of folly, among them a charge by the DEC, reported in the Southampton Press on April 4, that its installation was illegal.

I’m concentrating on the gasoline burned because of an encounter I had with some other drivers of huge machines right after Sandy. Our street had been powerless for eight days, a downed wire reported many residents deemed “not a priority” by LIPA, and not investigated. Then, on the eighth day, the linesmen came, found, and fixed the downed wire. *Voila!* I ran out to thank to our saviors, who’d driven their trucks up from Houston, Texas.

During the blackout, I’d seen several of these trucks, distinguished by their folded-ladder toppings, with Oklahoma plates. My daughter, in Pennsylvania, had spotted them with Minnesota and Michigan plates. People coming from afar to pitch in where help was sorely needed. Isn’t that terrific? But the round-trip carbon footprint of all the gas burned...not so terrific.

I asked our Houston saviors about miles per gallon. They, too, wouldn’t commit to ten. “Maybe five or six?” I asked, “Like, downhill?” Got a laugh from them, too.

Recycled joke aside, what links these two stories is a huge carbon footprint worsening the root of the problem. Passing and enforcing laws that would move beach houses away from the sea would also use gasoline, of course. So would digging trenches to bury power lines. Those expenditures, however, seem to me more progressive, with outcomes very different from self-centered evasions and not getting it.

Margaret Logan



### Nominating Committee Notes continued from page 4

Committee. She retired as Advertising Research Director of *Newsweek Magazine*.

**Margi Pulkingham** served on the Worship Committee prior to joining the Board, and she served on the Music Task Force with Kent Martin. She has been a UUCSF member for 8 years.

**Finance Committee:** Under the new bylaws change approved by the congregation in January, all members of the Finance Committee are proposed by the Nominating Committee. The committee is nominating **John Andrews** as Chair of the Finance Committee, with **Mark Ewald** and **Aubrey Burch** as the other two members. The Treasurer is automatically a member of the committee.

The **Stewardship** team, essential to the life of our congregation, is our major fundraising group. The Nominating Committee, after conversations with the Board, has decided to set up an executive team rather than a single chair. This will consist of four persons. One will oversee Celebration Sunday and pledging, one will oversee the Gala, one will oversee the Yard Sale and one will oversee any other events. Each member of the team will bring together a group of congregants to help with these tasks. Two people have agreed to accept the nomination for this team. **Bill Dalsimer** has accepted the nomination to oversee the Gala and **Carl Wittenberg** accepted the nomination to oversee Celebration Sunday and pledging. We are looking for two other energetic people to complete the Stewardship team.

The **Helping Hand Fund** connects us to the larger East End community. The money we donate each Sunday is used to support other non-profits who serve those in need. **Carol Holstein** has ac-

cepted the nomination to chair this committee. They will determine the best use of these funds and let the congregation know how the funds are impacting our community.

Members and Friends alike are invited to think about joining our leadership teams. Let Martha Potter know if you want to serve, by e-mailing [mtpotter@optonline.net](mailto:mtpotter@optonline.net)

### A drastic change to our masthead.

We were all sorry to learn we are losing two pillars of our congregation this summer. Margaret Logan and Charlie Coulter are leaving us for a new abode in Westchester. We will miss their lively conversation, their dedication to our gardens and their love for our congregation.

For many of us, however, the most difficult role to fill will be that of the editor of this newsletter. Margaret took over this job from Bill Dalsimer in March 2006. For seven years she has labored to keep this publication literate and interesting.

Those of us on the newsletter staff will welcome volunteers. If you have had any experience in writing or the graphic arts, consider this your opportunity to have some fun and get involved.

Mark Potter 725-0450



**Minister:** the Rev. Alison Cornish  
Office hours Wed. 1-5 pm and by appointment  
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**UUCSF Board:**  
**President:** John Andrews  
**Vice President:** Mark Potter  
**Secretary:** Myrna Truitt  
**Treasurer:** Imke Littman  
Sue Penny  
Margaret Pulkingham

**Newsletter Information:**  
Deadline is the 15th of each month. E-mail copy, photos and events to Margaret Logan [marlogan@optonline.net](mailto:marlogan@optonline.net)  
Please start your subject line with "UU newsletter".

Editor: Margaret Logan 283-1586  
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Graphic technician: Mark Potter

## Board/Council Meeting Highlights

- Greeters at the Welcome Table should pay special attention to children - introduce them to educators; include their names on the sign-in sheet. Greeters should be reminded to sign the first-visit note and include phone number.
- Spending and revenue: a handout showed what needs to be presented to congregation. If all spending requests are granted, we may need to find \$9,000. Takeaway: we need a major event for revenue.
- Fellowship and Hospitality committees proposed to merge. This will be discussed at the next Fellowship meeting.
- A proposal for Pride Sunday, June 31: Concert by Emma's Revolution; Fourth of July Parade march under "*Standing on the Side of Love*" banner; lobby Southampton and East Hampton Town Boards to declare Pride Sunday.
- A Safe Congregation Policy for congregational discussion is being developed by Sue Penny, Alison Cornish, Myrna Truitt.

Myrna Truitt, Secretary

## Fun? Work? Call it Both! Dress Down Sunday May 19

Earth is our mother. Gather after service for Mother's Day Grounds Care on May 12. And extend the caring kindness on Dress Down Sunday, May 19. More details on page 1.



## The Wider World of Metro and UUA

Curious about what's happening? Go to [www.cerguua.org](http://www.cerguua.org) for a host of valuable events and webinars that will expand your horizons, hone your leadership skills, and bring to you news of current issues that are of particular concern to Unitarian Universalists.

Pam Wittenberg



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